CHAPTER 49-02-03 PRACTICAL INSTRUCTION AND SUPERVISION OF STUDENTS

Section	
49-02-03-01	Hours of Practical Instruction
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49-02-03-01. Hours of practical instruction. The seven hundred fifty total hours of supervised instruction required under this article must include at least three hundred hours of practical instruction. "Hours of practical instruction" means actual hours of providing massage to another person, or receiving massage from a fellow student, under the direct supervision of a licensed massage therapist. In order to provide direct supervision, the licensed massage therapist must have at least three years of licensed, hands-on experience as a massage therapist.

History: Effective January 1, 2001; amended effective January 1, 2005.

General Authority: NDCC 28-32-02, 43-25-07

Law Implemented: NDCC 43-25-07

49-02-03-02. Direct supervision of students. As used in this chapter and in North Dakota Century Code chapter 43-25, "direct supervision of a licensed massage therapist" has the following meaning:

- 1. For a student receiving practical instruction in the classroom setting, the supervising massage therapist must be in the same room as the student at all times during the massage. A massage therapist may supervise up to eight massages at a time (sixteen students) under this subsection.
- 2. For a student receiving practical instruction through field experience or a student clinic, the supervising massage therapist must be present on the premises at all times during the massage, which means the instructors are readily accessible to the students at all times. A massage therapist may supervise up to six massages at a time under this subsection.
- Notwithstanding any other provision in this section, a supervising massage therapist must exercise an appropriate degree of supervision at all times. Failure to do so is grounds for disciplinary action by the board.
- 4. Any student practicing outside of the school under a field experience or internship in North Dakota must be supervised by a licensed massage therapist, must meet the requirements of subsection 2 of section 49-02-03-03, and the student's school must register the pertinent facts with the board.

History: Effective January 1, 2001; amended effective July 1, 2010.

General Authority: NDCC 28-32-02, 43-25-07 **Law Implemented:** NDCC 43-25-04, 43-25-07

49-02-03-03. Required curriculum.

- 1. The instruction received by the applicant must include the elements of massage therapy, technique, and practice which includes gliding strokes, kneading, direct pressure, deep friction, superficial warming techniques, percussion, compression (pumping), vibration, jostling, shaking, and rocking.
- Before applying massage techniques to a member of the public, as a part of the student's education, a student must have completed, or received prior education credit for, at least two hundred twenty-five hours of classroom instruction and at least one hundred fifty hours of practical instruction in the classroom setting.

History: Effective January 1, 2001; amended effective July 1, 2010.

General Authority: NDCC 28-32-02, 43-25-07

Law Implemented: NDCC 43-25-07